

#### ALL SERVED WITH CHIPS & SALAD OR POTATO & VEGETABLES





CHAR-GRILLED STEAK

# TUE



GRILLED SALMON

# WED



ROAST PORK

# THU



CHICKEN SNITTY

# WEEKLY

# \$15 \*MEMBERS PRICING

# SPECIALS

#### **BISTRO OPEN 7 DAYS**

BREAKFAST 7AM-10.30AM | LUNCH FROM 11.30AM | DINNER FROM 5PM

#### **SANDWICHES**

MADE TO ORDER 7AM-5PM

#### **COFFEE & CAKE**

AVAILABLE 7AM 'TIL LATE

## BREADS

Garlic Bread 10 / 11.50 Garlic Cheese Bread 10.50 / 11.60 Garlic Chilli Cheese Bread 11 / 12.60

#### PIZZAS

12-INCH HAND STRETCHED BASES.

Confit Garlic Pizza

16 / 18.40

Margherita (V)

Sugo sauce, mozzarella, diced tomato, fresh basil

Pepperoni 23 / 26·40 Sugo sauce, sliced Italian

Sugo sauce, sliced Italian pepperoni, mozzarella

Hawaiian 23 / 26·40

Sugo sauce, mozzarella, smoked ham, pineapple

Meat Lovers 27 / 31

Sugo sauce, mozzarella, brisket, ground beef, bacon, roasted capsicum, red onion, BBQ sauce swirl

El Supremo 27 / 31

Sugo sauce, mozzarella, roast capsicum, Spanish onion, olives, leg ham, pepperoni, mushroom

Chicken & Chorizo 27 / 31

Sugo sauce, roasted peppers, chorizo, baby spinach & mozzarella

Prawn & Bacon 30 / 34.50

Sugo sauce, garlic prawns, crisp bacon, confit garlic, fresh basil, cherry tomatoes, mozzarella

Pumpkin & Fetta (V) 26 / 29.90

Sugo sauce, roasted pumpkin, roasted capsicum, baby spinach, fetta, pine-nuts, mushrooms, Heirloom tomato, mozzarella

#### STARTERS

Southern Fried Tacos
3 tortillas, American slaw & lemon aioli

(choose Tempura Enoki Mushroom(V) or Chicken)

Salt & Pepper Squid 20 / 23 with sweet soy & chilli dipping sauce

Mexican Nachos (GFO) 19 / 21.80
Texas chilli chinotle cheese sauce

Texas chilli, chipotle cheese sauce, melted cheese, avocado & sour cream

**Loaded Chips** 19 / 21.80

Potato crispers, bacon, brisket, chipotle cheese sauce, melted cheese & shallots

**PASTAS** 

All served with parmesan

Slow Cooked Meat Lasagne with Napoli sauce & chips and salad

Pumpkin Ricotta Lasagne (V) 25 / 27.80 with Napoli sauce & cheese, chips & salad

Chilli Prawn Linguini 28 / 32·20 with Garlic, chilli, Spanish onion, white wine, cream, prawns & rocket

Creamy Chicken 25 / 27<sup>.80</sup> & Bacon Linguini

with mushrooms, shallots, onion, baby spinach

# SALADS

Caesar Salad 20 / 23

Cos lettuce, bacon, parmesan, croutons and Caesar dressing

+ Chicken or Prawns ADD \$8.50 / \$9.70

Crispy Chicken & Bacon 23 / 26.40

Tossed with tomato avocado, fetta, baby spinach, peppers, red onion & ranch dressing

BBQ Lamb Salad 23 / 26.40

Slow cooked lamb marinated with fresh herbs & lemon, rocket, baby spinach, cashew, avocado, roasted capsicum, carrot, fetta, Green Goddess dressing

Beetroot Falafel Salad (V/GFO) 23 / 26.10

Mixed greens, roast capsicum, pine-nuts, carrot, avocado, red onion with lemon dressing

#### FROM THE GRILL

ALL MEALS 33 / 38

#### CHOOSE (1) PROTEIN ITEM:

- · 300g Grain Fed Sirloin
- · Grilled Barramundi
- · 300g Grilled Chicken Breast
- · Grilled Salmon Fillet
- · Grilled Pork Cutlet

#### CHOOSE (1) STARCH ITEM:

- Sweet Potato Fries
- Mash Potato
- Roasted Chats
- Chips

#### CHOOSE (1) SIDE ITEM:

- Steamed Fresh Veg
   Co
- · Coleslaw & Rocket
- · Beetroot Falafel Salad · Tossed Salad
- Sauteed Mushroom, Spinach & Broccolini
- · Wok Tossed Asian Greens

#### CHOOSE (1) SAUCE ITEM:

Diane / Mushroom / Pepper / Hollandaise / Aioli / Creamy Garlic

# LOADED SCHNITZELS

#### **ALL MEALS**

28 / 32.20

served with your choice of chips & salad or veg

#### CHOOSE YOUR SCHNITZEL:

Chicken / Veal / Vegetable

#### CHOOSE YOUR TOPPER:

- Mexican Texan chilli beef, chipotle cheese, avocado & sour cream
- Garlic Prawn Grilled prawns with creamy garlic sauce
- · Parmigiana Napoli sauce, ham & cheese
- Avocado & Hollandaise just as it says
- American BBQ brisket, pulled pork, bacon chipotle cheese sauce & shallots

### **OODLES OF NOODLES**

#### **ALL MEALS**

25 / 27.80

Tossed with Asian Greens

#### Choose (1) from each line:

- · Noodles Hokkien / Flat Rice
- Protein Chicken / Beef / Prawn or Crispy Enoki Mushroom (V)
- · Sauce Satay / Teriyaki / Hoisin

#### KIDS MEALS

#### **ALL MEALS**

15 / 17.20

- Battered Fish Cocktails with Chips
- Kids Nuggets with Chips
- Cheeseburger with Chips
- · Pasta Bolognaise

# READY TO GO MEALS

#### **ALL MEALS**

19.50 / 22.40

Available from the Bain Marie and served with your choice of chips & salad or vegetables

- Roast of the Day (GF)
- · Grilled Fish
- · Battered Fish
- · Bangers & Mash
- · Chicken Schnitzel
- · 1/4 Roast Chicken
- Steak Diane
- · Chef's Special

# **BURGERS**

#### **ALL MEALS**

21 / 24.10

All burgers served with Shaker Fries

- The Norm 100% beef patty, tomato, lettuce, beetroot, onion, cheese & milk bun
- The Louisiana Southern Fried Chicken Breast, bacon, tomato, lettuce, cheese, ranch & milk bun
- Chicken Schnitzel 100g schnitzel with bacon, tomato, lettuce, cheese, aioli & milk bun
- Steak Sanga Steak with cos lettuce, tomato, beetroot, caramelised onion & thick cut bread

## **BREAKFAST**

Toast of Your Choice (2 slices) 4.40 / 5

Extra Slices (2)

ADD \$4.40 / \$5

CHOOSE (1) CONDIMENT:

Vegemite / Honey / Peanut Butter / Strawberry Jam

CHOOSE (1) BREAD TYPE:

Turkish

Sourdough

· Wholemeal

· Multigrain

White

· Gluten Free

Cereal

served with your choice of milk

CHOOSE (1) CEREAL TYPE:

· Coco Pops

Corn Flakes

Toasted Muesli

Weet-Bix

**BIG BREAKFAST (GFO)** 

24 / 27.60

11.50 / 13.20

2 Free Range Eggs (your way) served with Mushrooms, Grilled Tomato, Hashbrown, Bacon, Chipolatas & your choice of Toast

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

Turkish

Sourdough

Wholemeal

Multigrain

White

· Gluten Free

EGGS BENEDICT (GFO)

21 / 24.10

**2 Poached Free Range Eggs** with Baby Spinach & Hollandaise Sauce on Sourdough

CHOOSE FROM:

· Doubled Smoked Leg Ham

Smoked Salmon

Smoked Bacon

**BREAKY PLATE (GFO)** 

19 / 21.80

**2 Poached Free Range Eggs** with Shaved Leg Ham, Smashed Avo, Feta & Tomato Salsa on Sourdough

LOADED VEGE (V) (GFO)

19 / 21.80

**2 Poached Free Range Eggs** with Basil Pesto, Mushrooms, Baby Spinach, Dukkah, Fetta, Roasted Pumpkin & Tomato Relish on Sourdough

**BANOFFEE PANCAKES (V)** 

17 / 19.50

Served with Banana, Caramel Sauce, Maple Syrup & Rock Salt Caramel Ice Cream

SMASHED AVO (V) (GFO)

17 / 19.50

Served with 2 Poached Free Range Eggs

& Dukkah on Sourdough

**BANANA BREAD (V)** 

10 / 11.50

Single serve of Banana Bread topped with Cinnamon & Maple Butter

**ZUCCHINI & CORN FRITTERS** 21 / 24-10

Served with Baby Spinach, Avocado, Smoked Tomato Relish, Feta & Smoked Bacon

KIDS PANCAKES

14 / 16.10

2 Pancakes served with Vanilla Ice Cream, Maple Syrup & Sprinkles

**CREATE YOUR OWN** 

15 / 17·20

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

Turkish

· Sourdough

· Wholemeal

Multigrain

White

· Gluten Free

**EXTRAS** 

ADD \$5 / \$5.70 EA

· Wilted Spinach

· Avocado

· Chipolatas (2)

· Crispy Bacon

Hashbrown

· Grilled Tomato

Hollandaise

Mushrooms

Gluten Free (1 slice)

Sourdough (2 slices)

Free Range Eggs (2)
 Scrambled or fried