

BREAKFAST

Toast of Your Choice (2 slices) 4.40 / 5
Extra Slices (2) ADD \$4.40 / \$5

CHOOSE (1) CONDIMENT:

Vegemite / Honey / Peanut Butter / Strawberry Jam

CHOOSE (1) BREAD TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

Cereal 11.50 / 13.20
served with your choice of milk

CHOOSE (1) CEREAL TYPE:

- Coco Pops
- Toasted Muesli
- Corn Flakes
- Weet-Bix

BIG BREAKFAST (GFO) 24 / 27.60

2 Free Range Eggs (your way) served with Mushrooms, Grilled Tomato, Hashbrown, Bacon, Chipolatas & your choice of Toast

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

EGGS BENEDICT (GFO) 21 / 24.10

2 Poached Free Range Eggs with Baby Spinach & Hollandaise Sauce on Sourdough

CHOOSE FROM:

- Doubled Smoked Leg Ham
- Smoked Salmon
- Smoked Bacon

BREAKY PLATE (GFO) 19 / 21.80

2 Poached Free Range Eggs with Shaved Leg Ham, Smashed Avo, Feta & Tomato Salsa on Sourdough

LOADED VEGE (V) (GFO) 19 / 21.80

2 Poached Free Range Eggs with Basil Pesto, Mushrooms, Baby Spinach, Dukkah, Fetta, Roasted Pumpkin & Tomato Relish on Sourdough

BANOFFEE PANCAKES (V) 17 / 19.50

Served with Banana, Caramel Sauce, Maple Syrup & Rock Salt Caramel Ice Cream

SMASHED AVO (V) (GFO) 17 / 19.50

Served with 2 Poached Free Range Eggs & Dukkah on Sourdough

BANANA BREAD (V) 10 / 11.50

Single serve of Banana Bread topped with Cinnamon & Maple Butter

ZUCCHINI & CORN FRITTERS 21 / 24.10

Served with Baby Spinach, Avocado, Smoked Tomato Relish, Feta & Smoked Bacon

KIDS PANCAKES 14 / 16.10

2 Pancakes served with Vanilla Ice Cream, Maple Syrup & Sprinkles

CREATE YOUR OWN 15 / 17.20

CHOOSE YOUR EGG STYLE:

Scrambled / Fried / Poached

CHOOSE (1) TOAST TYPE:

- Turkish
- Wholemeal
- White
- Sourdough
- Multigrain
- Gluten Free

EXTRAS

ADD \$5 / \$5.70 EA

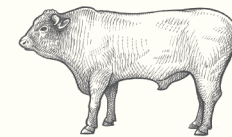
- Wilted Spinach
- Chipolatas (2)
- Hashbrown
- Hollandaise
- Gluten Free (1 slice)
- Free Range Eggs (2)
Scrambled or fried
- Avocado
- Crispy Bacon
- Grilled Tomato
- Mushrooms
- Sourdough (2 slices)

V = Vegetarian | GFO = Gluten Free Option Available

THE BISTRO WALLSEND

ALL SERVED WITH CHIPS & SALAD OR POTATO & VEGETABLES

MON



CHAR-GRILLED STEAK

TUE



GRILLED SALMON

WED



ROAST PORK

THU



CHICKEN SNITTY

WEEKLY **\$15** SPECIALS

*MEMBERS PRICING

BISTRO OPEN 7 DAYS

BREAKFAST 7AM-10.30AM | LUNCH FROM 11.30AM | DINNER FROM 5PM

SANDWICHES

MADE TO ORDER 7AM-5PM

COFFEE & CAKE

AVAILABLE 7AM 'TIL LATE

BREADS

Garlic Bread	10 / 11.50
Garlic Cheese Bread	10.50 / 11.60
Garlic Chilli Cheese Bread	11 / 12.60

PIZZAS

12-INCH HAND STRETCHED BASES.

Confit Garlic Pizza	16 / 18.40
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Margherita (V)	19 / 21.80
Sugo sauce, mozzarella, diced tomato, fresh basil	

Pepperoni	23 / 26.40
Sugo sauce, sliced Italian pepperoni, mozzarella	

Hawaiian	23 / 26.40
Sugo sauce, mozzarella, smoked ham, pineapple	

Meat Lovers	27 / 31
Sugo sauce, mozzarella, brisket, ground beef, bacon, roasted capsicum, red onion, BBQ sauce swirl	

El Supremo	27 / 31
Sugo sauce, mozzarella, roast capsicum, Spanish onion, olives, leg ham, pepperoni, mushroom	

Chicken & Chorizo	27 / 31
Sugo sauce, roasted peppers, chorizo, baby spinach & mozzarella	

Prawn & Bacon	30 / 34.50
Sugo sauce, garlic prawns, crisp bacon, confit garlic, fresh basil, cherry tomatoes, mozzarella	

Pumpkin & Fetta (V)	26 / 29.90
Sugo sauce, roasted pumpkin, roasted capsicum, baby spinach, fetta, pine-nuts, mushrooms, Heirloom tomato, mozzarella	

STARTERS

Southern Fried Tacos	19 / 21.80
3 tortillas, American slaw & lemon aioli (choose Tempura Enoki Mushroom ^(V) or Chicken)	

Salt & Pepper Squid	20 / 23
with sweet soy & chilli dipping sauce	

Mexican Nachos (GFO)	19 / 21.80
Texas chilli, chipotle cheese sauce, melted cheese, avocado & sour cream	

Loaded Chips	19 / 21.80
Potato crispers, bacon, brisket, chipotle cheese sauce, melted cheese & shallots	

PASTAS

All served with parmesan

Slow Cooked Meat Lasagne	25 / 27.80
with Napoli sauce & chips & salad	

Pumpkin Ricotta Lasagne (V)	25 / 27.80
with Napoli sauce & cheese, chips & salad	

Chilli Prawn Linguini	28 / 32.20
with Garlic, chilli, Spanish onion, white wine, cream, prawns & rocket	

Creamy Chicken & Bacon Linguini	25 / 27.80
with mushrooms, shallots, onion, baby spinach	

SALADS

Caesar Salad	20 / 23
Cos lettuce, bacon, parmesan, croutons and Caesar dressing + Chicken or Prawns	
	ADD \$8.50 / \$9.70

Crispy Chicken & Bacon	23 / 26.40
Tossed with tomato avocado, fetta, baby spinach, peppers, red onion & ranch dressing	

BBQ Lamb Salad	23 / 26.40
Slow cooked lamb marinated with fresh herbs & lemon, rocket, baby spinach, cashew, avocado, roasted capsicum, carrot, fetta, Green Goddess dressing	

Beetroot Falafel Salad (V/GFO)	23 / 26.10
Mixed greens, roast capsicum, pine-nuts, carrot, avocado, red onion with lemon dressing	

FROM THE GRILL

ALL MEALS	33 / 38
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CHOOSE (1) PROTEIN ITEM:

- 300g Grain Fed Sirloin
- Grilled Barramundi
- 300g Grilled Chicken Breast
- Grilled Salmon Fillet
- Grilled Pork Cutlet

CHOOSE (1) STARCH ITEM:

- Sweet Potato Fries
- Mash Potato
- Roasted Chats
- Chips

CHOOSE (1) SIDE ITEM:

- Steamed Fresh Veg
- Coleslaw & Rocket
- Beetroot Falafel Salad
- Tossed Salad
- Sauteed Mushroom, Spinach & Broccolini
- Wok Tossed Asian Greens

CHOOSE (1) SAUCE ITEM:

Diane / Mushroom / Pepper /
Hollandaise / Aioli / Creamy Garlic

LOADED SCHNITZELS

ALL MEALS	28 / 32.20
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served with your choice of chips & salad or veg

CHOOSE YOUR SCHNITZEL:

Chicken / Veal / Vegetable

CHOOSE YOUR TOPPER:

- **Mexican** - Texan chilli beef, chipotle cheese, avocado & sour cream
- **Garlic Prawn** - Grilled prawns with creamy garlic sauce
- **Parmigiana** - Napoli sauce, ham & cheese
- **Avocado & Hollandaise** - just as it says
- **American BBQ** - brisket, pulled pork, bacon chipotle cheese sauce & shallots

BISTRO FAVOURITES

Mixed Grill	28 / 32.20
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Steak, Lamb Chop, Thick Sausage, Tomato, Bacon, Onion, Egg on Mash Potato & Peas gravy

Bangers & Mash	22 / 25.30
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Thick Beef Sausages (2), mash potato, peas, grilled onion and gravy

Chicken Noodle Satay	25 / 28.70
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with Asian greens and mild satay sauce

Crumbed Lamb Cutlets	25 / 28.70
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chips & Salad with gravy

KIDS MEALS

15 / 17.20

- Battered Fish Cocktails with Chips
- Kids Nuggets with Chips
- Cheeseburger with Chips
- Pasta Bolognaise

READY TO GO MEALS

ALL MEALS	19.50 / 22.40
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Available from the Bain Marie and served with your choice of chips & salad or vegetables

- Roast of the Day ^(GF)
- Grilled Fish
- Homemade Beef Rissoles
- Battered Fish
- Chicken Schnitzel
- 1/4 Roast Chicken
- Chef's Special

BURGERS

served with Shaker Fries

ALL MEALS	21 / 24.10
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- **The Norm** - 100% beef patty, tomato, lettuce, beetroot, onion, cheese & milk bun
- **The Louisiana** - Southern Fried Chicken Breast, bacon, tomato, lettuce, cheese, ranch & milk bun
- **Chicken Schnitzel** - 100g schnitzel with bacon, tomato, lettuce, cheese, aioli & milk bun
- **Steak Sanga** - Steak with cos lettuce, tomato, beetroot, caramelised onion & thick cut bread